

Young Trustee Role.

Thank you for your interest in supporting Empathy by becoming a Young Trustee.

The trustees are basically in charge and have to make sure that the organisation is run correctly. Empathy is registered with the Charities Commission and has a legal set of rules called a constitution that the trustees must follow. That constitution says you cannot be a full trustee i.e able to vote on decisions until you are 16 years of age. However we think those that use the group (you guys) have the best understanding of how it should run and therefore your opinion is very important too us.

As a young trustee we would like you too

- **To be at the groups and holiday activities to offer support to new members;** show them around, introduce them to other children and young people and help them join in for those first few tricky sessions.
- **To set a good example and be a positive role model to the other children and young people;** listen to the playleaders, join in whenever you can, try and stay calm, help and support others if they are struggling.
- **To be available for the other children and young people to talk to about the sessions;** the other kids are more likely to tell you if either they have a problem at the session or there is something they particularly enjoy or dislike or thing they might like to change.
- **To find out from the other children and young people the sort of things they would like to do at group or for holiday activities.**
- **Meet up with the other young trustees to discuss your thoughts and ideas;** maybe twice a year and we'll try to make it fun
- **To report all of this and any other thoughts you might have about the organisation, sessions, playleaders or Sam! to the trustees;** how we do this is really up to you guys and my suggestion would be that we maybe all get together in the next holidays to discuss how as a group you'd like to work ??

Empathy will

- Support and help you, with the role, in any way you need it.
- Do some training with you about the role.
- Provide you with any paperwork you need.
- Provide you with a special hoodie, so that everyone can easily identify you as a young trustee. It will look like this, with the empathy logo

